

SARA WESTBROOK



SPECIALIZING IN
RESILIENCE. CONFIDENCE.
EMOTIONAL WELL-BEING.



**PLEASE JOIN US FOR A
SPECIAL PRESENTATION**

3 HABITS OF RESILIENT FAMILIES

(ADULTS ONLY)

**Beckett Farm PS
TUESDAY MAY 07
6:45 PM - 8:00 PM**

Using the 3 habits will help you
develop Resilience , Confidence
and Emotional Well-Being in your
children.

AS SEEN ON...     

FOR MORE INFORMATION VISIT: WWW.SARAWESTBROOK.COM